

## **Microblading After Care Instructions**

**READ THOROUGHLY!** It is essential that you follow these instructions after your service to avoid any complications and assure you get the best results

**DAY 1:** (day of treatment) Apply Vaseline 2-4 times. Use a cotton swab or cotton pad for this and not your fingertips to avoid the spread of bacteria.

**Day 2 & 3:** When you wake up, gently wipe the area with distilled water on a clean cotton pad. Be careful not to rub the brows hard. Do not tug or scrub the brow. Apply Vaseline 2-4 times.

**Day 4-14:** Gently clean the brow with distilled water, you can also use alcohol free witch hazel. Do this 2-4 times a day. If your brows still feel dry and tight continue with the Vaseline.

## The following must be avoided for 10 days post microblading procedure:

\*No shower or steam over the brows. Wash face CAREFULLY with a washcloth or cleansing wipe but avoid the brow area

\*Avoid excessive sweating

\*No strenuous exercise

\*No Swimming

\*No hot sauna, hot bath or Jacuzzi

\*No tanning bed

\*Avoid direct contact with the sun and wear a hat

\*No laser or chemical treatments including facial peels. No creams containing Retin-A or Glycolic acid on the face or neck.

\*No picking, peeling or scratching of the brow area. You can cause scarring of the area or removal of the pigment if you peel the scabs prematurely.

\*Performing tasks related to heavy household cleaning such as a garage or basement where there is a lot of airborne debris.

\*Smoking

- \*Drinking alcohol in excess as it may lead to slow healing of the area
- \*Driving in an open air vehicle such as convertibles, boats or motorcycles.
- \*Touching the brow area except when apply the the above mentioned product and then only with a cotton swab or pad
- \*Do not use any facial cleansers or products of any kind over the brow area for 10 days
- \*No ointment, antibiotic creams or gels
- \*Before showering, apply a thick layer of Vaseline and keep your face away from the stream of water.

**PLEASE NOTE**: Itching and flaking may appear during the first seven days post procedure. However, most people have shown that by following the instructions for the after care instructions, these symptoms disappear quickly

\*You will need to schedule your touch up appointment 6-8 weeks after your first visit.

CONTACT YOUR PHYSICIAN IF ANY SIGNS OR SYMPTOMS DEVELOP SUCH AS FEVER, REDNESS OF THE SITE, SWELLING, RED STREAKS GOING FROM THE PROCEDURE SITE TO THE HEART AND OR GREEN/YELLOW DISCHARGE THAT IS FOUL IN ODOR.

## What to expect after your Microblading Service:

The entire healing process will take 4-6 weeks depending on your body and adherence to after care instructions. Your eye brows will go through several phases during the healing process.

The pigment will appear very natural looking immediately after the procedure. The color of the pigment will appear darker the next day due to scabs forming.

Note that because of natural skin regeneration, after the recovery period (peeling), brows might appear lighter than they did at first. This may give you the impression that the color is fading too quickly. Often, even after proper after care clients may lose hair strokes which make the brows look uneven. This is very normal. That is why a 6 week touch up appointment is necessary.

Once the healing of the skin starts; it will look like dandruff flakes or dry skin. However, this is superficial color and dry skin being naturally shed from the brows. The final look of your eyebrows will be apparent approximately 30 days after procedure.

Never rub the treated area during the healing process.

Once completely healed, always apply a layer of sunscreen up to a 50 on eyebrows when exposed to the sun. Sun exposure might cause the color to fade more quickly.

If you have any further questions at any time please call your technician. They will provide you with a voice mail number.