



Preparing for your Microblading Service

PLEASE READ THOROUGHLY! It is essential that you follow these instructions before your service to avoid any complications and assure you get the best results

- *Do not drink coffee, alcohol or energizing drinks 24 hours prior to treatment.
- *Do not take Aspirin, Niacin, Vitamin E, or Ibuprofen 24 hours before treatment.
- *Do not take Omega 3 (fish oil) on week before.
- *AHA products, Retinoids and Microdermabrasion should be avoided for at least 4 weeks before.
- *No Chemical Peels, Laser or any other intense treatment 6 weeks before.
- *Shower and wash hair day of treatment before your appointment as you cannot get your brows wet for several days.
- *If you are prone to fever blisters/cold sores it is recommended to take an anti-viral before treatment.
- *Hormone therapies can affect pigmentation and/or cause sensitivity.
- *Discontinue use of any brow-growth serums like Latisse, as it can cause sensitivity/affect pigment.

Contraindications

- *Liver disease – High risk of infection.
- *Active Skin Disorders: Cold Sore, Shingles, Impetigo, Psoriasis, Pink Eye, Sun Burn, Severe Acne
- *Cannot be pregnant or breastfeeding due to anesthetic.
- *Diabetes
- *Serious disease such as cancer, epilepsy, autoimmune disorder unless you have written approval from your Doctor.
- *Circulatory disorders unless approved by Doctor.
- *Bleeding Disorders.
- *Currently taking Accutane (must wait 6 months).
- *Steroids (must be off 6 months)
- *No Botox or Dysport 2 months prior.
- *Sunburn
- *Prone to Keloid

Signature: _____ Date: _____

Witness: _____ Date: _____